

METZ PRESS CATALOGUE 2020





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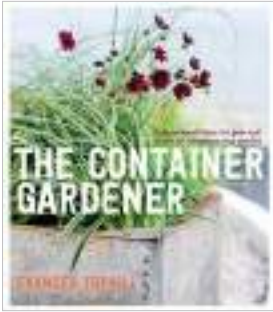
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Founded in 1992, Metz Press have been publishing top quality information books and illustrated non-fiction for the local and international co-edition markets for more than 25 years.

Ons het ons uit die staanspoor daarop toegespits om al ons boeke ook in Afrikaans uit te gee en ofskoon hierdie katalogus ter will van die groter mark in Engels voorberei is, word die Afrikaanse titels en ISBN-nommers duidelik by die individuele boeke aangedui. Ons help kopers ook baie graag in Afrikaans.

Our sought-after books, produced by experts in their field passionate about sharing their knowledge with others, inspire and educate. Remaining proudly independent in a tough global business environment, we consistently deliver a high standard of content and production and see the growing support from renowned international companies as a vote of confidence in our ability to deliver.

Known for our lavishly illustrated and informative books in the fields of craft, parenting, life and gardening, we offer well-researched content reflecting the extensive experience of our authors.



The container gardener: 978-1-928376-31-6
Tuinmaak in uren: 978-1-928376-32-3

THE CONTAINER GARDENER

Inspirational ideas for pots and plants to transform any garden
FRANCES TOPHILL

With over 40 projects to make your own creative containers, let Frances Tophill show you how to use often overlooked pots to their full potential and transform your garden – whether you've only got a modest balcony, small square of patio or just a windowsill. Frances covers a range of different planting schemes and types of container, from urns and troughs to chimney stacks and hanging baskets. She delivers expert advice on what to grow and shows you how to make a living wall, a pond in a metal trough or even your own bespoke containers. With Frances's creative ideas, you can transform any garden.

240X210MM • 160PP • SOFTCOVER • AUG 2017 • RRP: R150

BESKIKBAAR IN AFR



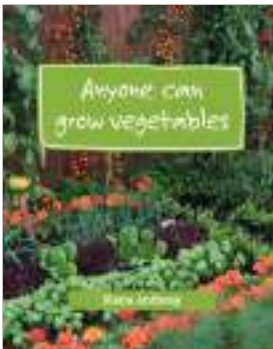
978-1-919992-37-2

PROJECTS FOR YOUR GARDEN

BIRD & CARTER

A host of innovative ideas for creating eye-catching garden features – from a honeysuckle porch to an eye-catching slate water feature – that make the most of your available gardening space. In this book you will find 56 superbly illustrated step-by-step projects with easy-to-follow instructions, specially devised by two inspired gardeners, plus a comprehensive reference section with plenty of practical tips and wise advice on basic gardening techniques.

280 X 218MM • 272PP • SOFTCOVER WITH FLAPS • AUG 2007 • RRP: R95



978-1-928201-11-3

ANYONE CAN GROW VEGETABLES

Simple steps to creating an organic edible garden
DIANA ANTHONY

This practical, well-illustrated guide contains everything you need to know to grow your own food.

By holding true to some well-tested design principles you need neither a large piece of land nor a huge budget to create your own edible paradise. The book includes information on: garden basics, edible garden design, and sample plans, companion planting, crop rotation, extreme climates, containers, A to Z of vegetables, herbs for cooks and organic garden management.

246 X 189MM • 152PP • FLEXIBINDING • JUN 2014 • RRP: R95



978-18750012-55-5

CREATIVE CONTAINER GARDENING

A practical and inspirational guide to container gardening
NANCY GARDINER

Expert advice on the best use of container plants to enhance your garden and patio, to achieve dramatic and colourful results in small spaces, or, in larger gardens, to create focal points which link different parts of the garden. Practical suggestions on how containers can be used to solve problems in the garden, and hundreds of ideas for striking and unusual plant combinations. The informative text is enhanced by magnificent and inspirational photographs taken in gardens throughout the country. Includes plant discussions, plant care and maintenance.

260X210MM • 128PP • SOFT COVER WITH FLAPS • APR 2001 • RRP: R59



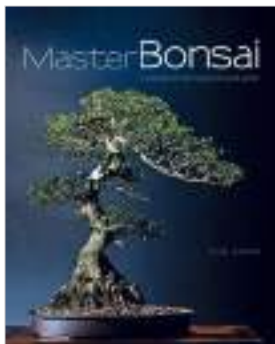
978-1920479-79-4

ENIGIEN KAN ORGIDEË KREEK

NOLLIE CILLIERS & TINUS OBERHOLZER

Hierdie boek bevat al die inligting wat jy nodig het om jou orgideë te versorg, of jy nou 'n groentjie of evare kweker is. Dit fokus op Suid-Afrikaanse toestande met 'n plantseleksie was konsentreer op orgideë wat plaaslik goed sal groei. Die inligting is duidelik en eenvoudig, en dek alle aspekte van die kweek van orgideë sodat jy jou plante gelukkig kan hou en kan verseker dat hulle weer blom. Pragfoto's illustreer meer as 420 orgideespesies en -hibriede in die boek, en heelwat daarvan is spesiaal vir die boek geneem. Enigien kan orgideë kweek bied dus hope visuele inspirasie saam met uitstekende praktiese inligting.

260X210MM • 176PP • SOFTCOVER • SEP 2013 • RRP: R220



978-1-920479-80-0

MASTER BONSAI

A practical and inspirational guide
RUDI ADAM

Guides newcomers in the cultivation of bonsai trees, but also provides insights and inspiration for the more experienced. Supplemented by excellent drawings and informative step-by-step photographs for special techniques, the book is brimful of information and practical advice. The magnificent photographs taken over four seasons show the trees in all their splendour. In addition to cultivation techniques, expert advice on tree selection, soil types, watering and training the trees, there is also an extensive species guide with information on growing and maintenance.

260X210MM • 224PP • HARDCOVER • OCT 2013 • RRP: R275



Creative combinations: 978-1-928201-28-1
Kreatiewe kombinasies: 978-1-928201-29-8

CREATIVE COMBINATIONS

in today's gardens

SUZETTE STEPHENSON & LOUISE VAN ROOYEN

A garden is in essence a combination of shapes, textures, colours and growth forms – the ultimate combination of combinations. Learn to combine mutually supportive plants that create their own harmony. Bring together selected plants and garden elements to create a more beautiful and more powerful visual presentation than what could be done by using any of the elements individually. What you can imagine, you can combine. More than 230 magnificent photographs will charm and inspire you and the information will show you how to use combinations skilfully and wisely.

260X210MM • 144PP • SOFTCOVER • JAN 2015 • RRP: R95

BESKIKBAAR IN AFR



Focal points: 978-1-920479-28-2
Fokuspunte: 978-1-920479-29-9

FOCAL POINTS

and features in today's gardens

SUZETTE STEPHENSON & LOUISE VAN ROOYEN

A sequel to *Today's gardens*, this book deals with features and focal points that draw the attention and add interest. Learn how to use statues, sculptures, fixed structures, water features, plants and more to add the finishing touch to your garden. Magnificent commissioned photographs taken in gardens from several climatic regions, with extended captions, show and tell you how to achieve the illustrated effect in your own garden. With loads of hints and tips throughout, the book not only inspires but has a solid, practical application.

260X210MM • 160PP • SOFTCOVER • APR 2012 • RRP: R95

BESKIKBAAR IN AFR



Gardening in small spaces: 978-1-875001-9-27
Wenke vir die klein tuin: 978-1-875001-9-34

GARDENING IN SMALL SPACES

NANCY GARDENER

The ideal reference for anyone faced with a small garden. Lavishly illustrated and offering original plans for several small gardens, as well as an extensive plant directory, it will be an inspiration to all gardening enthusiasts. Whether you want a profusion of flowers, a low-maintenance garden, a space where children can play, or a versatile leisure area, careful planning and preparation are essential to use what little space you have in the best possible way. The wealth of information and helpful hints and practical advice in this book, will give you a head start.

260X210MM • 160PP • SOFTCOVER • JULY 2005 • RRP: R75

BESKIKBAAR IN AFR



Vanishing flora: 978-1-9204795-5-8

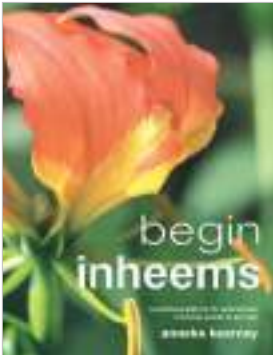
VANISHING FLORA

A photographic tribute to South Africa's endangered wild flowers
ANNEKE KEARNY

A showcase of spectacular photographs of rare and little seen plants, raising awareness of their endangerment.

South Africa has lost 116 indigenous flower species to three extinction categories: 'Extinct', 'Extinct in the Wild' and 'Critically Endangered, Possibly Extinct'. Mindful of the fact that extinctions are mainly due to people, Cape-based photographer Anneke Kearny compiled this photographic record of endangered plants to make people aware of the dire future of our beautiful plants, so that nobody can say, 'I didn't know'.

250X250MM · 176PP · HARDCOVER · OCT 2012 · RRP: R150



Begin inheems: 978-1-9199929-3-8

BEGIN INHEEMS

'n Praktiese gids vir die gebruik van inheemse plante in jou tuin
ANNEKE KEARNY

Hierdie boek gee 'n vars, praktiese blik op inheemse tuinmaak, of jy nou geleidelik uitheemse plante met inheemses wil vervang, of van voor af wil begin en volledig op inheemse plante wil fokus. Begin inheems is die resultaat van die skrywer se besef dat inheemse plante baie minder werk as uitheemse plante inhou, in die algemeen minder water nodig het, en beslis byna geen chemiese kunsmis wil hê nie, geen insekdoeders vereis nie, en heelwat minder kos omdat jy nie die plante in jou tuin kort-kort hoef te vervang nie. Dit sal jou oortuig dat inheemse plante alles behalwe vervelig, kleurloos, stadiggroeiend en onnet is.

260X210MM · 128PP · SOFTCOVER · SEPT 2008 · RRP: R75



A reason for roses: 978-1-9199923-9-6
'n Rede vir rose: 978-1-9199923-9-6

A REASON FOR ROSES

NANCY GARDINER

Roses have been the world's favourite flower for centuries and proved themselves to be willing to grow in gardens everywhere, from the misty midlands to the desert, from the coast to the mountains. Nancy Gardiner found all the beautiful rose gardens in the country, photographing and writing about them. This book is a visual celebration of these gardens and the eternal beauty of the rose. Presenting roses in their various forms, from charming miniatures to tall hybrid teas and rampant ramblers, some making pretty groundcovers, others covering walls or thriving in pots, and including three original rose-garden design, it will be a joy and inspiration rose lovers everywhere.

260X210MM · 128PP · SOFTCOVER · JUN 2006 · RRP: R75

BESKIKBAAR IN AFR



The ultimate gardener: 978-1-919992-29-7

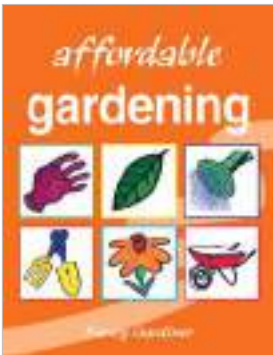
THE ULTIMATE GARDINER

NANCY GARDINER

The best offering yet from the doyenne of garden photography and writing in South Africa. This book reflects Nancy Gardiner's wealth of knowledge and experience built up over 40 years of gardening, and above all her love of nature.

Planning and garden design make up the first section of the book with nine original garden plans commissioned for the book, each complete with a full description and detailed planting list. Then follows a visual celebration of the author's travels through the country with inspiration from real gardens by real people.

260X210MM • 224PP • HARDCOVER • JUN 2006 • RRP: R95



Affordable gardening: 978-1-919992-09-9
Bekostigbare tuinmaak: 978-1-919992-10-5

AFFORDABLE GARDENING

NANCY GARDINER

This book contains a wealth of time- and money-saving tips to help you create a beautiful and functional garden.

It includes an extensive list of waterwise plants, a host of suggestions for recycling, and detailed information on propagation so that you can fill your garden with plants you have grown from scratch – not only inexpensive or even completely free, but also most rewarding. Also read about nature's own defences and saving money on cut flowers by including flowers for the vase in your garden.

260X210MM • 128PP • SOFTCOVER • JUN 2005 • RRP: R59

BESKIKBAAR IN AFR



Easy gardening: 978-1-875001-67-5
Tuinmaak maklik gemaak: 978-1-875001-68-2

EASY GARDENING

A practical and inspirational guide

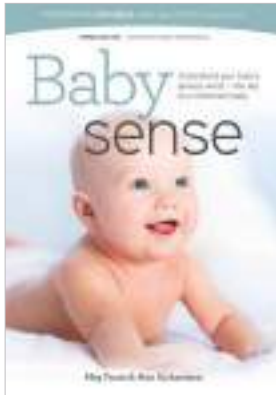
NANCY GARDINER

The book offers information on everything you need to know about gardening.

Gardening is a joy, not a chore. This gloriously beautiful book strikes exactly the right balance between inspiration – with lavish colour photographs of real home gardens – and practical, tried-and-trusted garden advice presented in the most accessible way. It's all wrapped up in a handy-sized book designed to guide you along the easiest path to the right garden design, healthy plants, and economy of time, money and water.

260X210MM • 176PP • FLEXIBINDING • JUN 2015 • RRP: R95

BESKIKBAAR IN AFR



Baby sense: 978-1-928376-49-1



Koester jou baba (2de uitgawe):
978-1-920268-65-7



Feeding sense: 978-1-928376-40-8



Sinnvolle voeding (1ste uitgawe):
978-1-920268-71-8

BABY SENSE NEW EDITION (3RD)

NEW

Understanding your baby's sensory world

MEGAN FAURE & ANN RICHARDSON

Parenting experts and co-authors of the Sense-series books, Meg Faure (OT) and Ann Richardson (Registered Nurse and Midwife) bring you the updated and expanded third edition of their highly acclaimed practical guide to parenting in the first year.

This book is referred to by parents everywhere as "The Baby Bible" and it's not hard to see why it has become a best-loved parenting book. *Baby Sense* gently and practically covers the most common concerns of parents in their baby's first year:

- Why is my baby crying?
- How to get my baby to sleep well
- How to meet my baby's nutritional needs from breastfeeding to solids
- How and when to stimulate my baby for optimal development

This edition of *Baby Sense* is sure to hold the same appeal for parents as the revised content will enhance the ways they respond to their baby's sensory needs in a sense-able manner.

244X170MM • 176PP • SOFTCOVER • MAY 2019 • RRP: R185

FEEDING SENSE NEW EDITION (2ND)

A sensible approach to your baby's nutrition and health

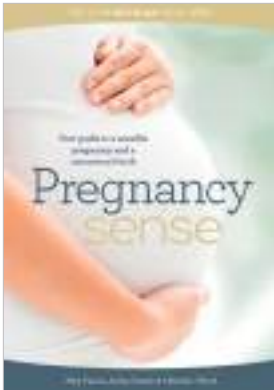
MEGAN FAURE, KATHERINE MEGAW & SIMON STRACHAN

Now fully updated with the latest research on weaning, introducing solids, preventing or managing food allergies and healthy meal plans for babies and toddlers. Includes several new recipes and loads of practical advice.

Uncertain of what to eat in pregnancy or while breast-feeding? Challenges with breast or bottle feeding? Or just looking for practical guidelines on introducing solids? Whether you have a fussy eater or an allergic baby, *Feeding Sense* prepares parents for the road ahead and guides them through all their baby's feeding milestones.

Meg Faure, bestselling co-author of books in the 'sense series' looks at your baby's sensory and emotional relationships with food and the developmental journey you embark on when feeding your baby. Bringing over 20 years of experience as a dietician specializing in paediatrics, **Kath Megaw** covers every curve ball from allergies to weight concerns as well as getting picky eaters to enjoy their food. Paediatrician **Simon Strachan** reassures you with simple guidelines on your baby's health, common baby illnesses and why your baby won't eat when sick.

244X170MM • 176PP • SOFTCOVER • SEPT 2018 • RRP: R185



Pregnancy sense: 978-1-928201-87-8
Koester swangerskap: 978-1-928201-96-0

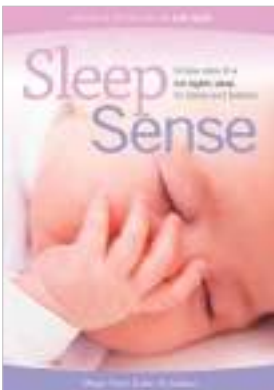
PREGNANCY SENSE

Your guide to a sensible pregnancy and a sensational birth
MEG FAURE, JACKY SEARLE, HEATHER WOOD

Every birth is a profoundly significant moment, understanding your choices and being active in the process will make a huge difference. Preparing for pregnancy; Birth choices; Your growing baby week by week; Your changing body week by week; A guide to birth; Premature birth; Your newborn's first days and weeks.

244X170MM • 176PP • SOFTCOVER • SEP 2016 • RRP: R185

BESKIKBAAR IN AFR



Sleep sense: 978-1-919992-79-2
Slaap kindjie: 978-1-919992-80-8

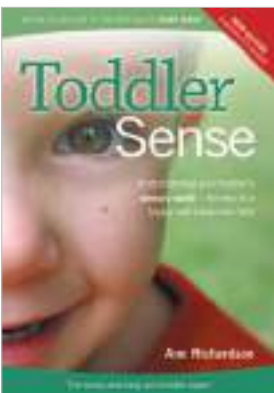
SLEEP SENSE

Simple steps to a full night's sleep for babies and toddlers
MEGAN FAURE & ANN RICHARDSON

Learn to ensure you and your baby get a good night's sleep by establishing healthy sleeping habits. Set the stage for sleep with realistic expectations, appropriate daytime sensory experiences, good sleep associations to promote independent night soothing so your baby will re-settle by himself.

245X171MM • 176PP • SOFTCOVER • SEP 2007 • RRP: R170

BESKIKBAAR IN AFR



Toddler sense: 978-1-920479-18-3
Koester kleuter: 978-1-920479-19-0

TODDLER SENSE

Understanding your toddler's sensory world
ANN RICHARDSON

Knowing what constitutes normal toddler behaviour will help you accept and respect this and go a long way towards effective, guilt-free and realistic parenting. Your toddler learns through his senses – to guide him, you need to practise wisdom with sense.

245X171MM • 176PP • SOFTCOVER • OCT 2011 • RRP: R165

BESKIKBAAR IN AFR



Breastfeed: 978-1-920479-70-1
Borsvoed: 978-1-920479-71-8

BREASTFEED YOUR BABY

Make it easy and enjoyable for both of you
MARIE-LOUISE STEYN

A complete but concise, practical guide for nursing mothers with authoritative information based on the most recent research in the field. Evidence-based, it will also be invaluable to doctors, nursing staff, antenatal professionals and doulas, everyone assisting women during the intra-partum period.

245X171MM · 176PP · SOFTCOVER · MAY 2013 · RRP: R110

BESKIKBAAR IN AFR



Happy children: 978-1-928201-16-8
Gelukkige kinders: 978-1-928201-17-5

RAISING HAPPY CHILDREN

The key to a calm, connected child
LIZANNE DU PLESSIS

With lots of fun games you can play during your day-to-day interaction with your child, this book also gives step-by-step ways to deal with some of the most common parenting struggles, such as meltdowns, temper tantrums, fears, anxieties and stress. Learn to set appropriate boundaries and put rituals and routines in place that will guarantee a calm, happy and deeply connected family.

244X170MM · 160PP · SOFTCOVER · MAY 2014 · RRP: R95

BESKIKBAAR IN AFR



School readiness: 978-1-919992-62-4
Skooldgereedheid: 978-1-919992-63-1

LANGUAGE AND SCHOOL READINESS

MARTIE PIETERSE

This book tells you how to advance your child's language and learning skills through play.

Your child's language development depends almost entirely on you. But all you need to fulfil this awesome responsibility, is to talk to her at every opportunity, from the moment she is born. Children learn through play, and school readiness can be promoted at home by creating the time and opportunity for play.

245X171MM · 176PP · SOFTCOVER · JAN 2007 · RRP: R75

BESKIKBAAR IN AFR



Sensible stimulation: 978-1-920268-13-8
Sinnvolle stimulasie: 978-1-920268-14-5

SENSIBLE STIMULATION

A hands-on guide to raising a contented, confident child
MARGA GREY

The first three years of a child's life are fundamental to all further development. This book focuses on stimulation in this period, the learning process and a stimulating environment; brain, sensory and motor development; body image and self-image; development of play, speech and language, perceptual and cognitive development, emotions, discipline and problem solving.

245X171MM · 160PP · SOFTCOVER · 2009 · RRP: R75

BESKIKBAAR IN AFR



Fast facts: 978-1-928201-53-3
Vinnige feite: 978-1-928201-54-0

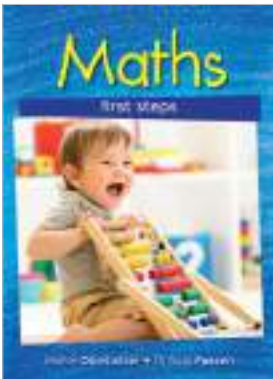
FAST FACTS

For inquisitive minds
HELEN LEWIS

The advantages of instilling a lifelong love of reading in children don't need to be spelt out. And what better way to get them reading than with short, bite-sized, fascinating and fun facts? This book is filled with quirky yet interesting facts about anything and everything – animals, the body, food, the universe, books and more. And it is not just for children. Everyone can learn something in this treasure chest of knowledge, whether you are 5 or 50 years old. With no long and drawn-out explanations, it is a quick and easy read that can fill a few minutes of spare time or ensure a few hours of informative entertainment.

246X189MM • 224PP • FLEXIBINDING • SEP 2015 • RRP: R165

BESKIKBAAR IN AFR



Maths: 978-1-928201-49-6
Wiskunde: 978-1-928201-50-2

MATHS - FIRST STEPS

MARISE OBERHOLZER & DR. NICOL FAASEN

A practical book brimful of tips for parents. It will enable parents to guide their children comfortably into the world of mathematics, using everyday examples that present themselves amidst the hustle and bustle of daily life. And it requires no special knowledge or training; just a positive attitude and a sharpening of your interactions with your children to familiarise them with maths concepts through play.

244X170MM • 128PP • SOFTCOVER • MAY 2015 • RRP: R75

BESKIKBAAR IN AFR



Positive parenting: 978-1-919992-66-2
Positiewe ouerskap: 978-1-919992-67-9

POSITIVE PARENTING

The importance of communication in family life
MARGARET FOURIE

An essential tool to help parents face the awesome and wonderful responsibility of being a parent in the 21st century. Dealing with the importance of communication in family life, it addresses issues such as security, self-image, verbalising emotions, relationships, unconditional love, having fun with your children and spirituality.

245X171MM • 144PP • SOFTCOVER • JAN 2008 • RRP: R75

BESKIKBAAR IN AFR



Kleuters moet grense hê: 978-1-920268-22-0

KLEUTERS MOET GRENSE HÊ

Doeltreffende dissipline sonder straf

ANNE CAWOOD

Baie kleutergedrag wat as stout en uittartend beskou word, is heeltemal normaal vir 'n kind in dié ontwikkelings stadium. Die kleuter stadium is die heel belangrikste om positiewe kommunikasie en gesonde verhoudings tussen ouer en kind te vestig. Hierdie boek is 'n praktiese gids vir die ouers van jonger kinders, en spreek veral die Vier Groot Kleuterkwessies aan: woedeuitbarstings, slaap, eet en toiletonderrig.

245X171MM · 160PP · SOFTCOVER · JUN 2009 · RRP: R75



Kinders moet grense hê: 978-1-919992-52-5

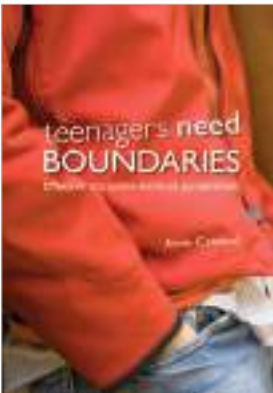
KINDERS MOET GRENSE HÊ

Doeltreffende dissipline sonder straf

ANNE CAWOOD

- Wyse raad en duidelike voorbeelde vir die hantering van verskeie gedragsprobleme en uitdagings wat ouers ondervind
- Hoofstukke oor spesifieke knelpunte soos twis tussen kinders, enkel- en stiefouerskap, geskeide ouers, kinders met spesiale behoeftes, en dissipline in die klaskamer
- Wenke spesifiek vir oupas en oumas
- Jy het hierdie boek vandag nodiger as ooit – kry dit ter wille van jou kind!

245X171MM · 164PP · SOFTCOVER · APR 2007 · RRP: R75



Teenagers need boundaries: 978-1-920268-00-8

Tieners moet grense hê: 978-1-920268-00-8

TEENAGERS NEED BOUNDARIES

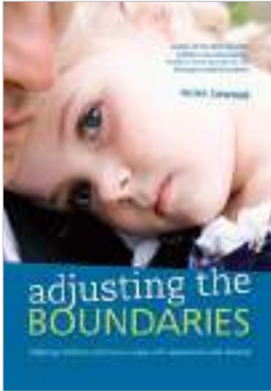
Effective discipline without punishment

ANNE CAWOOD

Parents everywhere dread the stress and pressures of the teen years – when even the most amenable children seem to morph into monsters. This book provides them with the tools to cope with all the challenges integral to parenting teenagers.

245X171MM · 160PP · SOFTCOVER · SEP 2008 · RRP: R75

BESKIKBAAR IN AFR



Adjusting boundaries: 978-1-920268-35-0
Aanpasbare grense: 978-1-920268-36-7

ADJUSTING THE BOUNDARIES

Helping children and teens cope with separation and divorce
ANNE CAWOOD

Helping children and teens cope with separation and divorce. Using her many years of practical experience and drawing from case studies, highly regarded counsellor Anne Cawood will empower you to contain your children's anxiety and feelings of insecurity and to re-establish equilibrium.

245X171MM · 160PP · SOFTCOVER · JAN 2010 · RRP: R75

BESKIKBAAR IN AFR



Grandparents: 978-1-920268-31-2
Oumas en Oupas: 978-1-920268-32-9

CHILDREN NEED GRANDPARENTS

Maintaining boundaries in the extended family
ANNE CAWOOD

Grandparents play a vital role in the lives of the new generation – both their own children and their grandchildren. Dipping into her extended case files, parenting expert and grandmother of four, Anne Cawood, gives sage advice for grandparents entering or already in this wonderful phase of their lives. It offers guidance and support to give grandparents insight into the lives of 21st century children, with valuable coping skills and positive strategies to help them enjoy their grandchildren, while still living meaningful lives nurturing their own needs and well-earned freedom and independence.

245X171MM · 160PP · SOFTCOVER · SEP 2010 · RRP: R75

BESKIKBAAR IN AFR



Easy answers: 978-1-920268-27-5
Maklike antwoorde: 978-1-920268-28-2

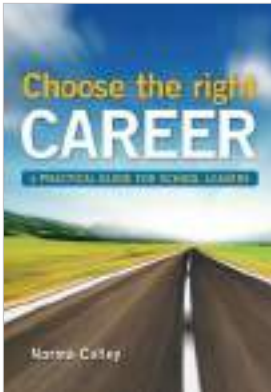
EASY ANSWERS TO AWKWARD QUESTIONS

What 8-13 year-olds need to know about their changing bodies, sex, babies, their rights and more
NIKKI BUSH & ILZE VAN DER MERWE

Children today grow up faster and enter puberty earlier than ever before. Yet many parents avoid sex education, either through ignorance or fear. This book is the answer! Written in an easy question-and-answer format, it is an invaluable guide for parents so that they can answer their children's questions candidly, with knowledge and sensitivity.

170X170MM · 128PP · SOFTCOVER · JUN 2009 · RRP: R105

BESKIKBAAR IN AFR



Right career: 978-1-920479-00-8

CHOOSE THE RIGHT CAREER

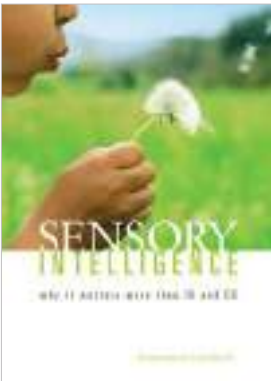
A practical guide for school leavers

NORMA COLLEY

This book will assist school leavers and young adults in choosing the right career.

It includes relevant information on current study and career choices. It also contains many practical exercises that can be completed individually or discussed in a group forum. The book was written from a South African context. However, it is recognized that we enter a global job market when we leave school. Therefore, the principles and exercises in this book will apply to school leavers all over the world.

245X171MM • 128PP • SOFTCOVER • JUNE 2011 • RRP: R95



Sensory intelligence: 978-1-919992-64-8

SENSORY INTELLIGENCE

Why it matters more than IQ and EQ

ANNEMARIE LOMBARD

We experience our environment in a unique way through our senses. The same sights, sounds, smells, tastes and textures are experienced differently by different individuals. This book explains in clear layman's terms how this works to help you understand why you and others respond to sensory input the way you do. It then tells you how to modulate your senses to adapt to your environment and other people, or change your environment to fit your sensory preferences.

245X171MM • 192PP • SOFTCOVER • JUN 2007 • RRP: R175



Happy human brain: 978-1-920268-80-0
'n Gelukkige brein: 978-1-920268-81-7

A HAPPY HUMAN BRAIN

Our guide to authentic success

DR PIERRE VAN DER SPUY

People who remain happy whether they enjoy enormous success or face painful disasters, possess, in their brains, a core of stability and optimism. This book will shatter many of your convictions on what makes us human, happy and authentically successful. It addresses three main questions: What steps can we take to be happier today? Why does an obsession with material success rob us of our happiness and humanity? How will parenting in early childhood and our culture influence our happiness and humanity?

210X148MM • 332PP • SOFTCOVER • JAN 2011 • RRP: R95

BESKIKBAAR IN AFR



Skoon & skraal: 978-1-928201-71-7

SKOON & SKRAAL DIEET

Die trefferboek oor hoe om jou liggaam volmaak te vorm

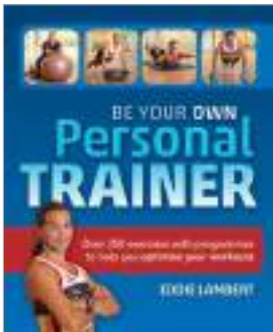
JAMES DUGAN

Skoon & Skraal is eenvoudig en doeltreffend: jy hoef nie kalorieë te tel of ingewikkelde reëls te volg nie.

Toe James Duigan – 'n top-afriqter van glanspersone – se *Clean & Lean Diet* die eerste keer op die rakke beland het, was dit dadelik 'n topverkooper. Die boek is nou heeltemal hersien en bygewerk, met:

- Splinternuwe resepte
- Die nuutse wenke en raad
- Nuwe en verbeterde 'Sleg, Beter, Beste'-tabelle – iets wat eie is aan Duigan.

235X190MM • 176PP • SOFTCOVER • APRIL 2016 • RRP: R95



Personal trainer: 978-1-920479-08-4

Gim-instrukteur: 978-1-920479-09-1

BE YOUR OWN PERSONAL TRAINER

Over 250 exercises with programmes to help you optimise your workouts

EDDIE LAMBERT

Enjoy all the advantages of having your own personal trainer without the challenges of scheduling. This book demonstrates more than 250 graded exercises using body weight and widely accessible basic equipment (bosu ball, Swiss ball, medicine ball, theraband, steps, dumbbells, skipping rope), highlighting the muscle groups used for every exercise, explaining pitfalls and injury risks and then combines these in 26 user-friendly programmes with interchangeable exercises. Includes training programmes for pregnancy.

260X210MM • 176PP • FLEXIBINDING • SEP 2011 • RRP: R95

BESKIKBAAR IN AFR





Decoupage your home: 978-1-928376-01-9
Decoupage jou tuiste: 978-1-928376-02-6

DECOPAGE YOUR HOME

A contemporary guide to transforming everyday objects

FRANSIE SNYMAN

Rediscover the delights of decoupage with this start-to-finish guide packed with technique know-how and stylish projects.

Starting with tools and materials, preparation of bases and blanks, choosing napkins, paper and fabric, cutting techniques and finding the perfect product for the effect you want to achieve, the book contains more than 50 appealing projects with clear step-by-step instructions and photographs. Combining traditional and new techniques with the huge variety of specialist products available today, there is no limit to what you can achieve.

260X193MM • 128PP • FLEXIBINDING • MAY 2017 • RRP: R95

BESKIKBAAR IN AFR



Decoupage with serviettes:
978-1-875001-90-3

DECOPAGE WITH SERVIETTES

TRACY BOOMER, DEBORAH MORBIN

Decoupage with serviettes brings you as close to instant results as can be with some of the projects in this book taking no more than a couple of hours to complete. Packed with information and tips on materials and techniques, the book is a visual delight as well as a practical craft book.

- Projects have been carefully selected to cover a variety of base materials
- Each project is beautifully illustrated with commissioned photographs
- Steps are explained with easy to follow instructions
- Suggested alternatives help you create unique items
- Projects include paper tole and elevated images.

260X193MM • 96PP • SOFTCOVER • APRIL 2005 • RRP: R75



Wonderful ways with wax: 978-1-920268-33-6
Wonderlikee waskuns: 978-1-920268-34-3

WONDERFUL WAYS WITH WAX

Encaustic art for craft projects

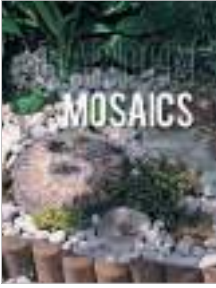
JAN VISSER

An ancient craft, encaustic art has seen a resurgence in popularity with the creative world's focus on mixed media.

This book makes it accessible to everyone, from rank beginners to arty crafters. Bringing it firmly into the realm of crafters, it shows you how to apply the coloured wax to anything from the usual glossy cardstock, to woodfree paper, canvas, glass and porcelain, as well as wood, candles and bisque wear. Several heat sources and applicators can work and the author shows you how to use these creatively.

260X193MM • 128PP • SOFTCOVER • MARCH 2011 • RRP: R95

BESKIKBAAR IN AFR



Garden mosaics: 978-1-928376-29-3
Mosaiek vir jou tuin: 978-1-928376-30-9

GARDEN MOSAICS

25 step-by-step outdoor projects

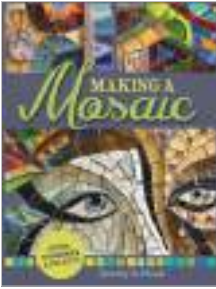
BECKY PATON

Foolproof projects for your garden, including planters, furniture, and ornaments.

- Projects range from simple decorative panels to a sparkling water feature and mosaic garden tabletop.
- Extensive techniques section includes full instructions, templates, and a range of beginner's tiling tips for a professional finish.

193X260MM • 128PP • SOFTCOVER • SEP 2017 • RRP: R95

BESKIKBAAR IN AFR



Making a mosaic: 978-1-928201-51-9
Doen mosaiek: 978-1-928201-52-6

MAKING A MOSAIC

DOROTHY DU PLESSIS

Learn how to choose the right design and translate it into a template, allowing you to 'paint' with the mosaic tiles. Learn about the various tiles available, surfaces to work on and which ones to choose for which conditions, materials and tools needed as well as the different mosaic techniques that can be used to complete your project.

193X260MM • 128PP • SOFTCOVER • SEP 2015 • RRP: R95

BESKIKBAAR IN AFR



Mosaics: 978-1-920268-68-8

MOSAICS

Decorative ideas

TRACY BOOMER & DEBORAH MORBIN

Make beautifully crafted decorative and functional items, from candle holders and wall clocks to fruit bowls and lampshades, finished with style and panache. The detailed instructions and helpful hints virtually guarantee success in either reproducing the projects in this book or using them as a basis for your own ideas, irrespective of your level of expertise.

260X193MM • 128PP • SOFTCOVER • JAN 2011 • RRP: R95

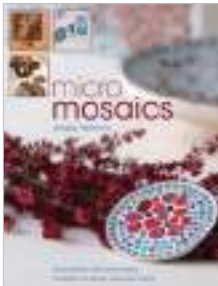
MICRO MOSAICS

Innovative micro mosaics to wear, use and carry

ANGIE WESTON

A collection of over 30 pretty projects, featuring micro mosaic tiles and millefiori glass beads. Follow simple step-by-step instructions to create striking mosaics that are delicate and light enough to wear. Be inspired by a variety of projects including stunning jewellery, hair accessories, luggage labels, and many more. Discover new ways in which to explore mosaic making on a small scale.

280X215MM • 128PP • SOFTCOVER • JAN 2009 • RRP: R95



Micro mosaics: 978-1-920268-46-6



Give: 978-1-928201-85-4
Ge: 978-1-928201-86-1

GIVE

Handmade gifts from the heart

CARLA VISSER

With more than 50 projects for personalised gifts and loads of giftwrapping ideas, this book is the perfect guide to making things that people will love – whether it's for a birthday, housewarming, anniversary or kitchen tea. Each project is clearly explained using simple step-by-step instructions, accompanied by a gorgeous photograph of the finished item. Great packaging suggestions are given throughout, as well as tips and ideas on variations and alternatives to help you create one-of-a-kind presents for friends and loved ones.

245X190MM • 144PP • FLEXIBINDING • OCT 2016 • RRP: R95

BESKIKBAAR IN AFR



Vintage remakes: 978-1-928201-55-7
Nuwe vintage: 978-1-928201-55-7

VINTAGE REMAKES

Over 100 craft projects and quick ideas

CARLA VISSER

This book has over 75 step-by-step projects and more than 25 illustrated quick ideas to transform old, discarded items into desirable pieces of jewellery, decor, stationery, furniture and more. It is all about recycling, reusing and repurposing objects, using what you have and crafting it into something new and exciting. Learn how to use simple craft techniques, general craft supplies and just a bit of creativity to create one-of-a-kind items to wear, display or use – from jewellery and decor to furniture and packaging.

260X193MM • 192PP • SOFTCOVER • SEP 2015 • RRP: R95

BESKIKBAAR IN AFR



Paint techniques: 978-1-928376-23-1
Verftegnieke: 978-1-928376-24-8

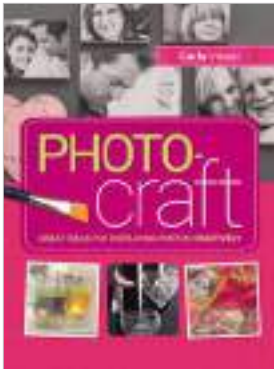
PAINT TECHNIQUES

Decorative finishes to enhance any space

WINNIE SAAYMAN

Whether it's second-hand furniture that you want to upcycle, or a modern piece that needs a soft, aged look, this book shows you how. Clear step-by-step photographs and instructions show you how to apply the different paint techniques like colour-washing, layering, distressing, ombré, gilding, stencilling, dragging, wood graining and more, to any surface or piece of furniture in your home. More than 40 inspiring projects are accompanied by beautiful photographs of the finished look, easy instructions and helpful tips to enable you to create pieces that are original and somewhat out of the ordinary.

254X203MM • 128PP • SOFTCOVER • OCT 2017 • RRP: R95



Photocraft: 978-1-920479-82-4
Fotokuns: 978-1-920479-83-1

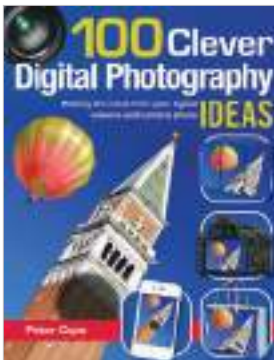
PHOTOCRAFT

More than 75 ideas for displaying photos creatively
CARLA VISSER

Some projects are both functional and decorative, others are delightfully quirky, all focusing on the creative use of photographs and embellishment. Bases used include canvas, glass, porcelain and ceramics, wood (MDF and soft wood), fabric, candles and skirting board. Various techniques are used, including several transfer methods, decoupage, photomontage and covering with resin. Including step-by-step instructions and stunning photos of each finished project, the book will both teach and inspire.

260X193MM • 128PP • SOFTCOVER • SEP 2013 • RRP: R95

BESKIKBAAR IN AFR



100 clever ideas: 978-1-920479-76-3

100 CLEVER DIGITAL PHOTOGRAPHY IDEAS

Getting the most from your digital camera and camera phone
PETER COPE

Filled with invaluable imaginative tips, from shooting for online auctions and photographing children and pets, to organising your own photo treasure hunt and interesting ways to let your old camera live on.

Understand how to use all those modes and menus to get the best possible picture every time.

Discover clever ways to share your photos using Facebook and Flickr, or create web galleries, photobooks and large-scale versions of your prints from canvas to wallpaper!

250X194MM • 144PP • SOFTCOVER • SEP 2013 • RRP: R95



101 digitale kamera: 978-1-920479-82-4

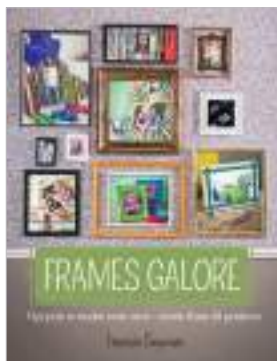
101 PUIK PROJEKTE VIR JOU DIGITALE KAMERA

SIMON JOINSON

Die digitale kamera het die neem van goeie foto's makliker en meer toeganklik gemaak. Maar jy kan ook veel meer met jou digitale kamera doen. Hierdie boek verken 101 moontlikhede en wys jou die volgende:

- Neem beter foto's
- Druk, vertoon en deel jou foto's op talle maniere
- Leer eenvoudige, doeltreffende fotomanipulasietegnieke
- Skep kunswerke en gebruik jou kamera as 'n skandeerder, 'n webkamera of selfs 'n notaboek
- En veel meer!

250X193MM • 128PP • SOFTCOVER • SEP 2009 • RRP: R95



Frames Galore: 978-1-928201-72-4
Rame by dosyne: 978-1-928201-73-1

FRAMES GALORE

Make your own or upcycle – more than 60 projects

FRANSIE SNYMAN

Learn how to refinish, recycle and re-use old frames, and how to embellish frame blanks to best display your photographs, pictures and other items. This book has instructions for very basic frame construction from scratch, as well as loads of information on finishing techniques for frame blanks, making frames using polystyrene cornices, polymer clay, magazine pages, leather off-cuts, card stock and wadding, wire, fabric, rulers, a discarded bicycle tyre and other findings and decorating materials as diverse as discarded teabags and gold leaf.

260X193MM • 128PP • SOFTCOVER • MAY 2016 • RRP: R95



Scrap that too: 978-1-928201-43-4
Plak dit ook: 978-1-928201-44-1

SCRAP THAT TOO

Ideas for decorative and gift items using scrapbooking techniques

JACLYN VENTER

A source book loaded with ideas for using traditional scrapbooking techniques to enhance your home decor and turn ordinary everyday items into great gifts or to recycle discarded articles and found objects for further functionality. It shows you how to transform and personalise almost anything by incorporating photos and mementos combined with scrapbook paper, card stock and embellishments. Preserving memories in clever, creative ways remains the focus.

260X193MM • 128PP • SOFTCOVER • JUN 2015 • RRP: R95

BESKIKBAAR IN AFR



Scrap it!: 978-1-920268-96-1

SCRAP IT

Using scrapbooking techniques for decorative and gift items

JACLYN VENTER

Combine paper, glue and embellishments with baking trays, felt, coffee cups, frames and much more and you will find you can alter just about everything – the sky is the limit:

- Craft personalized gifts from recycled tins
- Find great ideas for reusing jars and bottles
- Take scrapbooking out of albums and on to your walls
- Turn discarded children's board books into new, personalized stories
- Apply finishes – from vintage to rustic, from girlish to sophisticated
- Display photographs in creative ways using assemblage and collage

260X193MM • 160 PP • SOFTCOVER • JAN 2012 • RRP: R95



Scrapbooking: 978-1-920479-14-5
Fotoplakwerk: 978-1-920479-15-2

SCRAPBOOKING: BACK TO BASICS

TRACY BOOMER & DEBORAH MORBIN

This book is technique-based with easy step-by-step instructions clearly illustrated with colour photographs. Every technique, original as well as traditional, is illustrated with top quality photographs of finished pages where it has been applied. There is a load of tried and tested hints and tips, as well as cost-cutting advice scattered throughout the book. It contains all the information you need to get started and, as it includes basic as well as advanced techniques, it is suitable for both beginners and advanced scrapbookers. Over 150 sample pages will inspire and inform as captions tell you what you don't see, rather than stating the obvious.

260X193MM · 160 PP · SOFTCOVER · JAN 2012 · RRP: R95

BESKIKBAAR IN AFR



Baby & toddler scrapbooking:
978-1-919992-75-4

BABY & TODDLER SCRAPBOOKING

DEBORAH MORBIN & TRACY BOOMER

Filled with useful tips and creative suggestions that will inspire you to haul out your photographs and start working.

The authors' decoupage background serves them well, as they include handy hints on painting, cutting and 'scrapoupage' – a technique they've developed adapting decoupage for scrapbooking. As they've included a variety of styles, there's something for everyone, from beginners to advanced scrappers.

This book contains over 130 beautifully photographed sample pages – with informative text on how they were put together.

260X193MM · 160 PP · SOFTCOVER · JAN 2012 · RRP: R75



Words: 978-1-920268-58-9
Woorde: 978-1-920268-59-6

WORDS FOR PAPER ART & CRAFT CREATIONS

MONICA DE BEER

In this book, the first of its kind, artists, crafters and creative souls are inspired and taught how to make use of words in their creations, be they cards, scrapbook pages, wall art or fine art. Learn:

- Why it is important to use words in creations.
- Where to get inspiration and words.
- How to incorporate words in creations.

The bulk of the book is filled with words, making the hunt for the right words for a specific situation an absolute pleasure!

200X200MM · 160 PP · SOFTCOVER · JAN 2011 · RRP: R75

BESKIKBAAR IN AFR



Cardmaking sketches: 978-1-928201-39-7
Kaartjieplanne: 978-1-928201-40-3

CARDMAKING SKETCHES

FRANSIE SNYMAN

Filled with ideas for card makers of all levels and especially useful when you just don't know where to start, this fabulous collection of templates will simplify the process of creating beautiful cards.

- Over 50 templates included, with numerous examples of beautiful cards made using each one
- Ideal for using up paper and embellishments left over from earlier projects
- A great resource that will save you time and encourage your creativity

260X193MM • 128PP • PAPERBACK • APR 2015 • RRP: R95

BESKIKBAAR IN AFR



Cards galore: 978-1-920479-22-0

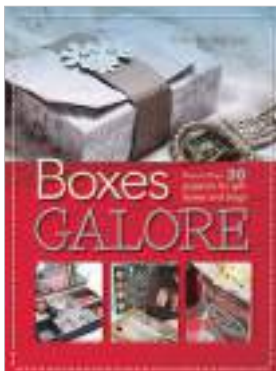
CARDS GALORE

More than 150 original hand-made card designs

FRANSIE SNYMAN

All the information you need never to be stuck for original card-making ideas. Each technique is explained with clear step-by-step photographs and instructions, followed by a gallery of cards using it. Extended captions provide further information and practical hints and tips, with every card individually photographed. With both detailed cards that are artworks in their own right, and quick and simple creations to make in a moment, this book is a most useful hands-on resource for all those paper addicts out there.

260X193MM • 200PP • FLEXIBINDING • APR 2012 • RRP: R95



Boxes galore: 978-1-928201-22-9
Boksies by dosyne: 978-1-928201-23-6

BOXES GALORE

More than 30 projects for gift boxes and bags

FRANSIE SNYMAN

Using adhesive, scrapbook paper, cardstock, fabric, lace, embellishments, washi-tape, ribbon and whatever you have, you can create a stunning array of boxes following the detailed instructions and step-by-step photographs. Square, oblong, pyramid-, heart- or star-shaped, hexagonal and window boxes, as well as simple origami boxes, pillow boxes and gift bags that can be put to all sorts of uses are included. Full page photographs of all the completed boxes and bags not only delight but also suggest specific uses. The book also includes templates to make them easy to construct.

260X193MM • 128PP • PAPERBACK • SEP 2014 • RRP: R95

BESKIKBAAR IN AFR



Designs galore: 978-1-920268-82-4

DESIGNS GALORE

More than 400 designs for every imagineable craft
MONIQUE DAY-WILDE & ANGIE FRANKE

Whatever the craft that inspires you, be it pewter work, wall art, cardmaking, fabric painting and printing, embroidery or paper craft, you will find a design for it in this collection of original line drawings created over many years of crafting by two top visual artists. A source book no crafter can afford to be without!

260X210MM • 224PP • FLEXIBINDING • APR 2011 • RRP: R95



Paper folded flowers: 978-1-928376-13-2
Papiervoublomme: 978-1-928376-14-9

PAPER FOLDED FLOWERS

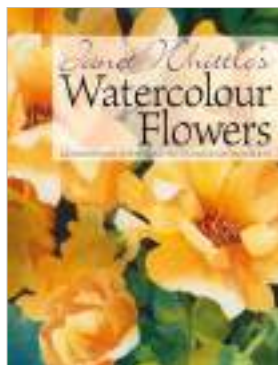
All the skills you need to make 21 beautiful projects
ELIZABETH MOAD

Elizabeth Moad shows you all the techniques you need to make simple, yet stunning, paper folded flowers. Origami, kirigami and even teabag folding are used to create 21 beautiful projects, including gorgeous greeting cards, gift box toppers, floral bunting and a fabulous festive wreath.

- Easy-to-follow step-by-step photographs
- Perfect for beginners as well as experienced papercrafters
- Packed with inspiration and ideas

235X190MM • 96PP • SOFTCOVER • MARCH 2017 • RRP: R95

BESKIKBAAR IN AFR



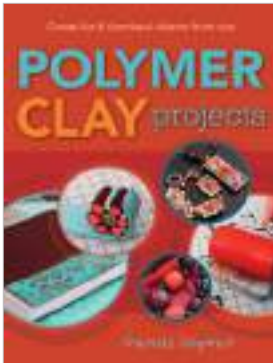
Watercolour flowers: 978-1-919992-76-1

WATERCOLOUR FLOWERS

An inspirational step-by-step guide to colour and techniques
JANET WHITTLE

Janet Whittle's paintings are characterised by their vibrant colours and imaginative compositions here in this glorious book in which she explains her evocative use of colour and the beauty of flowers in her paintings – wet-on-wet, wet-on-dry, negative painting, masking, lifting out, glazing and more. Clear step-by-step projects are included, as well as many examples of her work, providing ideas and inspiration for novice as well as more experienced artists.

260X193MM • 128PP • SOFTCOVER • JAN 2014 • RRP: R95



Polymer clay projects: 978-1-920479-74-9
Polimeerklai projekte: 978-1-920479-75-6

POLYMER CLAY PROJECTS

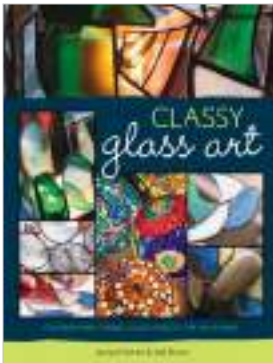
Create fun & functional objects from clay

FRANSIE SNYMAN

This book shows you how to use this popular medium to create exquisite jewellery, stylish gifts, decorative boxes, buttons, faux finishes, attractive home accessories and much more. Lots of step-by-step photographs ensure that not even a rank beginner can go wrong, and full page pictures of finished items will enthuse clay crafters to try the bold and colourful designs. Many techniques, from basic conditioning to creative canework and millefiori finishes, are clearly explained and illustrated, then contextualised in the various projects.

260X193MM • 128PP • SOFTCOVER • JUN 2013 • RRP:R95

BESKIKBAAR IN AFR



Classy glass art: 978-1-920479-88-6
Loodglaskuns: 978-1-920479-89-3

CLASSY GLASS ART

Contemporary stained glass projects for your home

JACQUI HOLMES & GAIL BROWN

Everything you need to know to try your hand at this age-old craft, from materials and tools, types of glass and safety, to step-by-step techniques and tips for tracing, cutting, grinding, foiling, assembly, soldering, tinning and patina. Projects include lampshades, candleholders, mobiles, frames, mirrors and much more, in both traditional and contemporary styles. Excellent colour photographs of all finished items, technical tips throughout and templates for all projects complete the book.

260X193MM • 144PP • SOFTCOVER • JAN 2014 • RRP:R95

BESKIKBAAR IN AFR



Scrap-metal craft: 978-1-875001-94-1

SCRAP METAL CRAFT

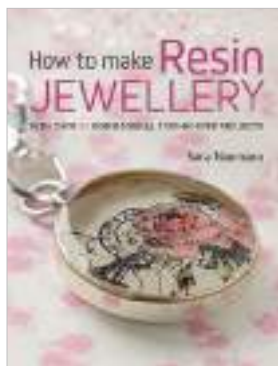
More than 30 step-by-step projects for your home

ALET GENIS

This book will make you take a fresh look at metal and steel, showing you how to create a wide variety of useful and decorative items for your home from almost any piece of scrap metal, steel, or wire. This book brings you a host of ideas that will inspire you to explore you own creative genius to make unique items from scrap metal, or simply to put everyday metal objects to new uses.

- Step by step instructions for every project, with templates if required
- More than 50 full-colour photographs of finished items
- Various paint techniques and finishes are used and explained

260X193MM • 96PP • SOFTCOVER • JAN 2004 • RRP: R75



Resin jewellery: 978-1-928376-11-8
Harsjuwelle: 978-1-928376-12-5

HOW TO MAKE RESIN JEWELLERY

With over 60 inspirational step-by-step projects

SARA NAUMANN

Learn how to make professional-looking and stylish resin jewellery for men and women, using simple techniques, minimal tools and inexpensive materials. Add paper, fabric, photographs, shells, dried flowers, nail polish and more to the resin to produce results that are totally unique. More than 50 step-by-step projects will inspire you to create pieces for yourself, or as gifts for family and friends. Ideal for beginners and more experienced crafters, prepare to become addicted!

280X216MM • 96PP • SOFTCOVER • APRIL 2017 • RRP: R95

BESKIKBAAR IN AFR



Buttons, felt & beads: 978-1-920479-92-3
Knoppe, felt en krale: 978-1-920479-93-0

BUTTONS, FELT & BEADS

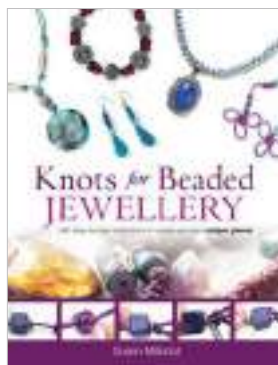
More than 50 projects for jewellery and accessories

MICHELLE FELDER

Easy-to-follow, step-by-step instructions and clear photographs to help you create jewellery and accessories. Beginners' exercises explain the basics of threading buttons, sewing stitches, fusing felt and even how to crochet. These are followed by a wide range of stunning projects from funky, chunky jewellery and accessories for kids to beautiful and delicate accessories and fun decor items for yourself and your home. Beautiful colour photographs of all finished projects will provide further inspiration, while templates for all the designs will make it easy to create them.

260X193MM • 128PP • SOFTCOVER • JAN 2014 • RRP: R95

BESKIKBAAR IN AFR



Knots for beaded jewellery:
978-1-920268-30-5

KNOTS FOR BEADED JEWELLERY

With step-by-step instructions to create your own unique pieces

SUZEN MILLODOT

Knotted necklaces look great when combined with beautiful ceramic, metal or wooden beads.

Just one knot with several semi-precious beads is stunning. Once the techniques are mastered, designs can be as extravagant or as simple as you want – no specialist skills or equipment is required.

This book includes detailed step-by-step photographs, accompanying diagrams, helpful advice and inspirational projects, with 27 original designs – necklaces, chokers, bracelets, earrings and broches.

260X205MM • 128PP • SOFTCOVER • JAN 2009 • RRP: R95



Sugar brides & grooms: 978-1-928201-33-5
Bruidspare: 978-1-928201-33-5

20 TO MAKE: SUGAR BRIDES & GROOMS

KATRIEN VAN ZYL

Original ideas for easy wedding cake toppers – a wide variety of poses, facial features, accessories and hairstyles.

- 20 projects with lots of variations
- Clear, step-by-step instructions
- Easy to make and personalise

215X115 • 48PP • SOFTCOVER • JAN 2015 • RRP: R59

BESKIKBAAR IN AFR



One patch quilt: 978-1-928376-15-6
Eenvorm-kwiltje: 978-1-928376-16-3

20 TO MAKE: ONE PATCH QUILTS

CAROLYN FOSTER

The book contains 20 projects, each using a different-shaped patch; for example, there are rectangles, hexagons, squares, triangles, diamonds, and so on. The quilts range from those based on a random selection of plain and patterned fabrics, to those that use just two or three different-coloured plain fabrics stitched together to form an interesting geometric design. This book will appeal to patch workers, quilters and sewers looking for a source of ideas and inspiration for simple patchwork quilt designs that are quick and satisfying to make, while also being beautiful.

215X115 • 48PP • SOFTCOVER • JAN 2017 • RRP: R59

BESKIKBAAR IN AFR



Pewter jewellery: 978-1-928201-09-0
Piouterjuwele: 978-1-928201-10-6

20 TO MAKE: PEWTER JEWELLERY

SANDY GRIFFITHS

Fresh, original ideas for a range of pewter jewellery. Choose from various brooches, bracelets, necklaces and earrings.

Make them for yourself or as sure-to-be-appreciated gifts.

- 20 projects, several with illustrated variations
- Diagrams for all designs included
- Easy to make, yet stylish and fabulous

215X115 • 48PP • SOFTCOVER • JAN 2014 • RRP: R59

BESKIKBAAR IN AFR



Mad about metal: 978-1-928201-74-8
Mal oor metaal: 978-1-928201-75-5

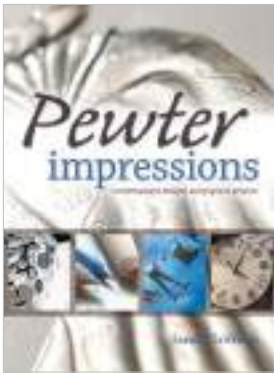
MAD ABOUT METAL

Embossed craft metal projects for your home
MONICA FISCHER, SUZAN CUMPSTY, LEE VORSTER

This book is all about using coloured craft metal – decorating it by means of embossing, cutting out designs, adding further colour, taking away colour and filling in 3D designs and much more – to customise blanks and found objects for your home. Learn about the metal and supporting mediums, and how to use the tools and familiarise yourself with several techniques, all of which can be applied in making more than 50 decorative and functional items. The original projects were designed and created specifically to showcase a variety of techniques and applications.

260X193MM • 128PP • SOFTCOVER • JUN 2016 • RRP: R95

BESKIKBAAR IN AFR



Pewter impressions: 978-1-920479-37-4

PEWTER IMPRESSIONS

Contemporary designs and popular projects
SANDY GRIFFITHS

A collection of more than 30 original pewter projects with easy-to-follow, step-by-step instructions and clear photographs. Beginners' exercises explain the basics, teaching crafters how to apply the art of embossing and then add lustre, radiance and dimension to their design. These are followed by a wide range of stunning projects that will appeal to every crafter. The projects combine pewter with mosaics, canvas, glass paint, gold and silver leaf foil, crystals and more, offering a variety of looks and finishes.

260X193MM • 160PP • SOFTCOVER • JUN 2012 • RRP: R95



Stylish crafts: 978-1-919992-07-5
Handgemaak vir jou huis: 978-1-919992-08-2

STYLISH CRAFTS FOR YOUR HOME

DEBORAH MORBIN & TRACY BOOMER

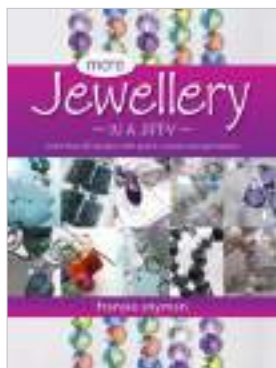
More than 150 craft ideas and projects to enhance your living spaces from the kitchen to the patio.

Covering various design styles to suit your existing decor, from country florals to minimalist neutrals to the rich baroque colours and textures. Beautiful photographs of all finished items are accompanied by practical advice on choosing materials and finishes, hints and tips to avoid problems and pitfalls, and further decorating suggestions.

Several techniques are included, from decoupage to pewter-work and mosaics, clearly explained with suggested alternatives.

260X193MM • 160PP • SOFTCOVER • JUN 2004 • RRP: R95

BESKIKBAAR IN AFR



More jewellery in a jiffy: 978-1-920268-50-3

MORE JEWELLERY IN A JIFFY

More than 60 designs with pearls, crystals and gemstones
FRANSIE SNYMAN

Loads of original jewellery designs with the focus on crystals, pearls and gemstones used either singly or in splendid combinations for necklaces, chokers, bracelets and earrings for every taste and occasion. Clear step-by-step instructions and photographs explain the simple techniques so anyone can achieve attractive results quickly and easily. A treasure trove indeed.

260X193MM • 160PP • SOFTCOVER • JUN 2010 • RRP: R95



Dare to bead: 978-1-919992-23-5

DARE TO BEAD

HEATHER LAITHWAITE

Create stunning jewellery from the vast range of beads available, using techniques such as basic ropes, tassels and lariats, brick stitch and peyote in various applications and combinations. All the designs are original, demonstrated with easy-to-follow instructions and step-by-step photographs and line drawings.

260X193MM • 128PP • SOFTCOVER • SEP 2005 • RRP: R75



Dare to bead some more: 978-1-919992-58-7
Waag met krale en meer: 978-1-919992-59-4

DARE TO BEAD SOME MORE

HEATHER LAITHWAITE

Combine wire work, chain, crystals and big beads with off-loom weaving to achieve unique results, whether you want bold, glamorous pieces or timeless elegance. More stunning, original designs by Heather Laithwaite following the phenomenal success of *Dare to bead*. This book is a visual feast no beader will be able to resist.

260X193MM • 160PP • SOFTCOVER • JUN 2007 • RRP: R95

BESKIKBAAR IN AFR



Decorative art: 978-1-928201-88-5
Dekoratiewe kuns: 978-1-928201-89-2

DECORATIVE ART

Quick. Smart. Fast

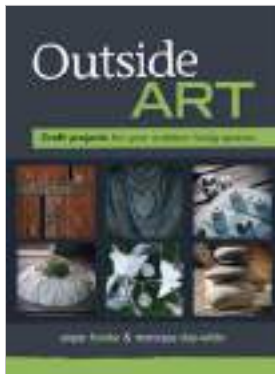
MONIQUE DAY-WILDE & ANGIE FRANKE

Bridging the gap between craft and art, this book showcases ways to use simple craft techniques to create original display art. Learn to produce modern-art canvases and block art using anything from traditional acrylics and oils to crack filler, cement and sand on various supports. Stunning commissioned photographs of all finished projects, accompanied by step-by-step instructions, show you how and will awaken the budding artist in you.

This book features the most popular projects from *Quick art*, *Smart art* and *Fast art*.

260X193MM • 128PP • SOFTCOVER • OCT 2016 • RRP: R95

BESKIKBAAR IN AFR



Outside art: 978-1-920479-56-5

OUTSIDE ART

Craft projects for your outdoor living spaces

ANGIE FRANKE & MONIQUE DAY-WILDE

In this book the ever popular craft-to-art creative team focuses on outside living areas and encourages you to apply their ideas and techniques to your own materials and environment. Projects range from simple, practical suggestions for beautifying useful objects such as pots, pathways, birdbaths, tables and screens, to more decorative sculptures and murals. They have recycled wherever they could, using broken pots, leftover cement, plastic bottles and lots more to create an appealing environment. Brighten and beautify your garden, veranda, patio, fences or blank walls with your own take on outside art.

260X193MM • 144PP • SOFTCOVER • JAN 2013 • RRP: R95



Smart art: 978-1-919992-92-1
Slim kuns: 978-1-919992-92-1

SMART ART

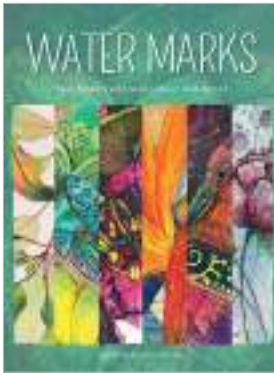
The sequel to *Quick art*

MONIQUE DAY-WILDE & ANGIE FRANKE

Working in the box and out of the box, (and on the box!), the popular authors of several bestselling craft books included driftwood, recycled metal and glass, everyday items as mundane as bottle tops and used teabags, and unusual materials such as barbed wire in their projects. Sculptural materials, from clay and wire to papier mâché, building materials such as cement, and craft elements including beads and gold leaf, are also brought into creative play. While there is a deliberate effort to explore various textural effects in this book, line, colour and form are also focuses of these explorations in *quick art*.

260X193MM • 144PP • SOFTCOVER • JUN 2008 • RRP: R95

BESKIKBAAR IN AFR



Water marks: 978-1-920479-86-2
Waternverfkuns: 978-1-920479-87-9

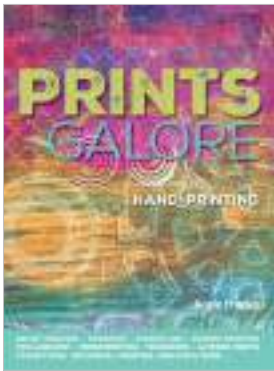
WATER MARKS

Paint flowers with water, colour and texture
MONIQUE DAY-WILDE

A mix of water media in familiar and unconventional, experimental ways, including paint, ink, coloured pencils and fabric dye, with texture mediums forming part of the repertoire. Watercolour paper, canvas, board and vellum are all incorporated. Some really simple, structured techniques have been covered, which can be followed step by step. Readers are also encouraged to use more spontaneous and less controlled techniques (illustrated step by step), to further their own creative path. Filled with fabulous ideas for both artists and crafters.

260X193MM • 144PP • SOFTCOVER • JUN 2014 • RRP: R95

BESKIKBAAR IN AFR



Prints galore: 978-1-928201-57-1
Druktegnieke by dosyne: 978-1-928201-58-8

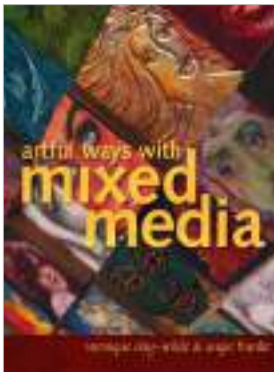
PRINTS GALORE

The art and craft of hand-printing
ANGIE FRANKE

A wide variety of printing techniques and projects that don't require a press or any degree of expertise. Includes stamping and stencilling, various relief methods of printmaking, lino, texture plate and collagraph, four different types of screen printing and sun and cyanotype print projects, and tells you how to use rust and plant materials for 'eco' type printing. Transfer methods and altered art prints offer a different take on conventional approaches to this easily accessible art form. The largest section of the book is devoted to monotype prints and monoprinting with the focus on gel printing.

193X260MM • 144PP • SOFTCOVER • OCT 2015 • RRP: R95

BESKIKBAAR IN AFR



Artful ways: 978-1-920479-06-0
Kunsprojekte: 978-1-920479-07-7

ARTFUL WAYS WITH MIXED MEDIA

MONIQUE DAY-WILDE & ANGIE FRANKE

Combine texture, line and colour in unique form by way of collage, altered art and montage. Stunning layered projects using a myriad of techniques will get your creative juices flowing and inspire you to experiment. Lavishly illustrated both to please and to teach, this book is a great source of design ideas – a perfect companion for your artistic endeavours. Drawing and painting on found images, stitching, stamping and stencilling fuse, forming rich textured images. No matter your craft, this book will encourage you to mix media to create new art.

260X193MM • 144PP • SOFTCOVER • SEP 2011 • RRP: R95

BESKIKBAAR IN AFR



Fabric decoupage: 978-1-920479-98-5
Lapdecoupage: 978-1-920479-99-2

FABRIC DECOUPAGE

More than 50 projects for your home
ALET GENIS

A refreshing and original look at decoupage with the use of fabric and textiles as the decorative medium. Detailed instructions with clear step-by-step photographs explain all the techniques required to ensure beautiful, professional-looking projects. Photographs of all finished items provide loads of inspiration for using fabric to decorate objects – from shopping bags to bedside tables, or bathroom tiles to storage boxes. It is a fun way to recycle just about anything, incorporating materials and ideas from many other crafts.

260X193MM • 128PP • SOFTCOVER • APR 2014 • RRP: R95

BESKIKBAAR IN AFR



50 Silk Scarves: 978-1-920479-84-8
50 Syserpe: 978-1-920479-85-5

50 SILK SCARVES

Step-by-step printing and dyeing techniques
MELANIE BRUMMER

Colour and print your own silk scarves, achieving fabulous finishes. The techniques in this book are simple enough for a beginner to master, yet offer lots of creative ideas for experienced colour crafters. Learn to print with found objects, make your own lino blocks, compose eye-catching designs and plan colour mixes that will dazzle and delight. With 50 patterns and colourways to choose from, you will always have the perfect accessory.

260X193MM • 144PP • SOFTCOVER • OCT 2013 • RRP: R95

BESKIKBAAR IN AFR



Eietydse kleurkuns: 978-1-920268-40-4

EIETYDSE KLEURKUNS

Meer as 50 kleurkuns projekte vir serpe, rokke, T-hemde en meer
MELANIE BRUMMER

Met hierdie boek ontsluit kleurkunsdeskundige Melanie Brummer die ongelooflike moontlikhede van gekleurde lap vir almal met eenvoudige tegnieke, huishoudelike toerusting en klaargemaakte klere. Met meer as 50 projekte om uit te kies wat almal volgens die vereiste vaardigheidsvlak uiteengesit is, is daar meer as genoeg vir die beginner en die handwerker wat tegnies gevorderd is. Dit sal jou help om jou lewe van 'n vaal blou baadjie in 'n reënboogkleure droomjas te verander.

260X193MM • 144PP • SOFTCOVER • JAN 2010 • RRP: R95



Simply fabulous fabric: 978-1-920268-25-1

SIMPLY FABULOUS FABRIC

More than 75 techniques for dyeing, painting, printing and applying interesting embellishments

ANGIE FRANKE & MONIQUE DAY-WILDE

The focus is on decorating fabric, with loads of ideas for crafters, teachers, quilters, fibre artists and anyone who is fascinated by textiles. Stunning photographs illustrate how off-the-peg items can be “zhooshed” up and plain lengths decorated for any purpose, including material for quilting fat quarters.

260X193MM • 144PP • PAPERBACK • JUN 2009 • RRP: R95



Fabulous fabric paint: 978-1-919992-21-1
Veelsydige lapverf: 978-1-919992-22-8

FABULOUS FABRIC PAINT

MONIQUE DAY-WILDE & ANGIE FRANKE

Filled with fresh ideas for this evergreen craft, this book gives a modern take on a timeless pastime. The authors delight in sharing their secrets discovered over many years of hands-on painting and teaching.

- New ideas on colour and colour mixing
- Invaluable advice on choosing fabric, design, paint and colours
- A wide range of fabric painting techniques clearly explained
- Clear step-by-step photographs and instructions for over 50 projects
- Completely original designs with templates included

260X193MM • 160PP • PAPERBACK • JUN 2005 • RRP: R95

BESKIKBAAR IN AFR



Colouring know-how: 978-1-928376-03-3
Inkleurtegnieke: 978-1-928376-04-0

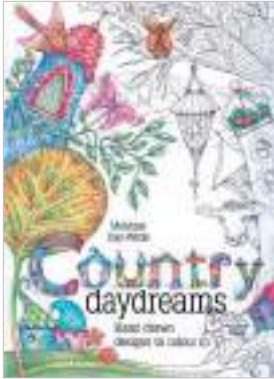
COLOURING KNOW-HOW

MONIQUE DAY-WILDE

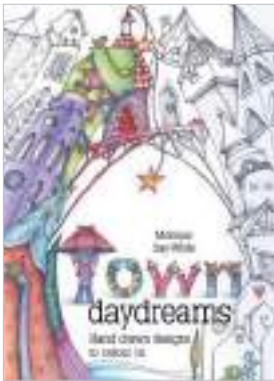
There is so much more to colouring than just staying between the lines. Colouring artist Monique Day-Wilde tells all, from choosing your paper, pencils and other colouring materials to theory of colour and colour mixing, basic and advanced techniques to special effects and what to do with your coloured pages. Learn about shading with single or multiple colours, resists, blending and burnishing, creating texture, interesting ways to fill large backgrounds, adding bling, stamping with embossing fluid and using shavings.

245X190MM • 128PP • SOFTCOVER • MAY 2017 • RRP: R95

BESKIKBAAR IN AFR



978-1-928201-79-3



978-1-928201-81-6



Hand drawn designs to colour
MONIQUE DAY-WILDE

COUNTRY DAYDREAMS

Let artist Monique Day-Wilde spirit you away from the monotony of daily routine with her original designs of shapes and images from country surroundings, both real and imagined. Containing 32 full-page designs, the smaller size book will fit in your handbag – ideal to ensure waiting time is creative instead of frustrating.

TOWN DAYDREAMS

Grab your colouring tools and fill your daydreams with shapes and images from make-believe towns. The 32 full-page designs, from simple outlines to intricate combinations and unusual perspectives, offer hours of colouring bliss. With its smaller size you can take it with you everywhere to get your creative juices flowing.

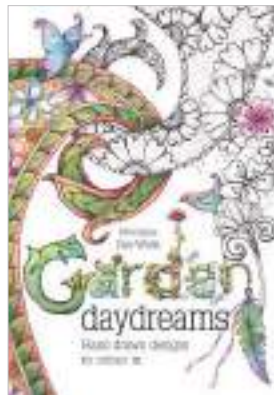
GARDEN DAYDREAMS

Escape the drudgery and stress of daily routine with these original designs of a magical world of flowers and vegetation where all is calm and tranquil.

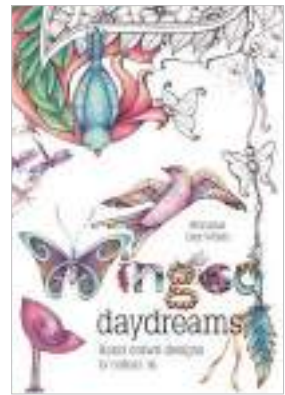
WINGED DAYDREAMS

Creativity gives you wings ... From birds and butterflies to beautiful bugs and dragon flies, these original full-page designs are all dreamlike and whimsical and will provide hours of colouring fun.

240X168MM • 64PP • SOFTCOVER • MAR & AUG 2016 • RRP: R\$9



978-1-928201-59-5



978-1-928201-60-1



Cross-stitch miniatures: 978-1-919992-26-6
Kruissteek miniature: 978-1-919992-25-9

CROSS-STITCH MINIATURES

FRANSIE SNYMAN

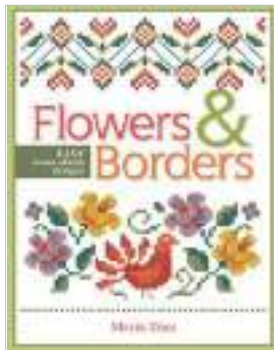
Over 100 original designs on full-colour grids.

The book includes fun images for alphabets, stylish monograms and motifs for napery, cute nursery motifs, cool teen motifs, Christmas designs, easy motifs for children.

Finishing instructions with worked examples as well as additional suggestions for use and gift ideas add further value to this versatile book. Stunning colour photographs of all finished projects, with close-ups showing the effect of specific finishes and threads will guide and inspire you. Patterns are smaller than 55 by 55 stitches and most can be completed in a jiffy.

260X193MM • 128PP • SOFTCOVER • JUN 2006 • RRP: R75

BESKIKBAAR IN AFR



Flowers & borders: 978-1-928201-32-8

FLOWERS AND BORDERS

Easy cross stitch designs

MARIA DIAZ

There is something for every taste with a variety of borders, from bold geometric patterns with strong, vivid colours, to soft roses and lavenders, striking pansies and lovely garlands and corners. Excellent value for money, the book contains 92 design charts, each with many different elements and even more permutations for use in combinations.

225X165MM • 96PP • SOFTCOVER • JUN 2015 • RRP: R75



Kom ons leer brei: 978-1-919992-85-3

KOM ONS LEER BREI

GUY & HALL

Met hierdie boek en sy vriendelike dierefigure – Ben die wolf en Tes en Tys, twee muise – kan jy gou-gou leer brei. Gemik op kinders tussen die ouderdomme van 6 en 9 jaar; maklike aanwysings; prettige illustrasies; kaarte, patrone en alles wat jy nodig het om dadelik te begin brei.

210X210MM • 96PP • SOFTCOVER • JUN 2008 • RRP: R59



Sew useful: 978-1-928201-30-4
So nuttig: 978-1-928201-31-1

SEW USEFUL

23 simple storage solutions to sew for the home
DEBBIE SHORE

23 ingenious storage solutions to keep the home and garden neat and beautifully styled. The techniques and stitches are clearly explained using step-by-step photographs, and the projects are all simple to make using a basic sewing machine. Tidy up your home with a drawer liner, laundry bag, garden tote, iron caddy and even a heat-proof pouch for hair straighteners.

260X204MM • 96PP • SOFTCOVER • JAN 2015 • RRP: R95

BESKIKBAAR IN AFR



Sew brilliant bags: 978-1-928201-67-0
Maak mooi sakke: 978-1-928201-68-7

SEW BRILLIANT BAGS

Choose from 12 beautiful projects, then design your own
DEBBIE SHORE

Follow the author's easy-to-use instructions and clear step-by-step photography; all the techniques are fully explained and all the projects can be made using a basic sewing machine. Use the 'design toolkit' to customise the projects to suit your tastes and to successfully design and make your own unique creations.

260X204MM • 96PP • SOFTCOVER • JAN 2016 • RRP: R95

BESKIKBAAR IN AFR



Quilt a gift: 978-1-920268-66-4
Kwilt 'n geskenk: 978-1-920268-67-1

QUILT A GIFT

25 heartfelt projects from quick to intricate
BARRY SUE GAUDET

This book has a wide range of projects for every occasion and skill level, from simple ideas that can be done in an evening to more intricate creations that will be treasured forever. Immerse yourself in the easy patchwork and appliqué techniques and add the personal touch to these wonderful gifts.

280X215MM • 128PP • SOFTCOVER • JUN 2010 • RRP: R95

BESKIKBAAR IN AFR



Knitted toy tales: 978-1-920268-48-0
Breistories: 978-1-920268-49-7

KNITTED TOY TALES

Irresistible characters for all ages
LAURA LONG

Discover a magical world where the toys you knit tell stories, play games and sometimes even get up to mischief! Bring them to life with easy-to-follow patterns and pretty pictures that all ages will adore, then share in their tales of fun and adventure.

280X215MM • 128PP • SOFTCOVER • JUN 2015 • RRP: R95

BESKIKBAAR IN AFR



Natuurlike seepmaakery: 978-1-920479-97-8

DIE RAIN BOEK OOR NATUURLIKE SEEPMAKERY

BEV MESSING

Seepmaakery is 'n bevredigende en kreatiewe tydverdryf – tegelyk terapeuties en uitdagend. In hierdie boek word die proses eenvoudig aangebied, met hope idees wat sal help om resepte saam te stel. Dit rus die leser toe met 'n basiese begrip van die chemiese proses agter seepmaakery, asook kleurriglyne, geur-formules en praktiese selfdoen-inligting oor gietvorms, afwerking, veroudering en verpakking. Volledige inligting oor die bestanddele en hoe hulle saamwerk, word gevolg deur stap-vir-stap aanwysings en foto's vir die roer- of kouewatermetode van seepmaak, en etlike spesiale seepresepte van die skrywer.

260X193MM • 160PP • SOFTCOVER • APR 2014 • RRP: R95



Flowers: 978-1-919992-96-9
Blomme: 978-1-919992-95-2

FLOWERS - SIMPLY BEAUTIFUL

A practical guide to contemporary flower arranging

ANSIA KOHRS

This delightful book with its superb photographs and inspirational ideas tells you how to best display flowers and prolong the pleasure they bring you. Learn about the best flowers and foliage to use for lasting arrangements, colour, combinations and containers, handling and care, and much more. The more than 65 original ideas for beautifully simple arrangements are presented in three sections:

- Instant designs – that will take no more than a few minutes
- Easy arrangements and
- More challenging combinations

260X193MM • 128PP • SOFTCOVER • JUN 2009 • RRP: R95

BESKIKBAAR IN AFR



Table for every occasion: 978-1-928201-65-6
Tafel vir elke geleentheid: 978-1-928201-66-3

A TABLE FOR EVERY OCCASION

FRANSIE SNYMAN, KATRIEN VAN ZYL, WILSIA METZ

This book is brimful of practical advice and inspiration to help you create tables that will make any celebration unforgettable. Includes full place settings, flowers, centrepieces and more for tables for 25 different occasions, more than 50 mouth-watering recipes and instructions to make table elements such as napkin rings, name tags, boxes for favours, place mats and other decorative accessories. Lavishly illustrated and packed with interesting and trendy ideas.

260X210MM • 192PP • FLEXIBINDING • JAN 2016 • RRP: R120

BESKIKBAAR IN AFR



978-1-928376-17-0



978-1-928376-18-7



KATRIEN'S GIFTS FROM THE KITCHEN

KATRIEN VAN ZYL

The book features a scrumptious collection of tried and trusted recipes for gifts from your kitchen – cakes, choux puffs, cookies, tarts, snacks and fillings with many variations, as well as several low-carb, high-fat recipes for people on special diets (Banting, paleo, keto, gluten free, sugar free). Master baker Katrien van Zyl tried to focus on easy, flop-proof recipes that you can rustle up without having to hunt for foreign ingredients. Step-by-step photographs illustrate more complicated techniques, so that anyone who can follow basic instructions will be able to achieve them.

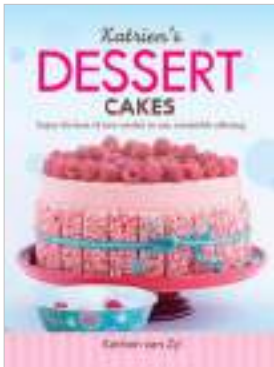
Katrien also shares packaging ideas for your baked goodies and explains ways to recycle containers and decorate them to suit any occasion. Packed with practical hints, the book further indicates for how long food will remain fresh at room temperature, as well as freezing times for those who want to start preparing for special events ahead of time.

Katrien's Gifts from the kitchen is lavishly illustrated with stunning photographs showing that the most beautiful gifts can come from the kitchen. It has something for everyone, whether you are the one doing the baking, or the lucky recipient of a delicious, attractively packaged edible gift.

Katrien van Zyl knew from the age of 12 that she wanted to bake for a living. A self-proclaimed chocoholic, she combines these two loves when baking commissioned wedding and party cakes. After completing a four-year degree in home economics at Stellenbosch University, she worked in the catering industry for several years. After her own wedding, she became involved in wedding planning and commercial baking for weddings and parties and soon started marketing her original wedding and party cake designs from her website.

After the major success of her first two books, *Katrien's Cakes* and *Katrien's Mini Cakes*, she was inundated with requests for courses and she started teaching cake decorating. She is also a popular guest on food shows and on television and radio. Katrien is married and lives in Blommendal, Cape Town. She is also the author of *Sugar Brides and Grooms* in the popular Twenty to make series, as well as *Katrien's Dessert Cakes* and *Katrien's Crafty Tray Bakes*.

260X193MM • 160PP • FLEXIBINDING • JUL 2017 • RRP: R120



Dessert cakes: 978-1-928201-37-3
Nageregkoeke: 978-1-928201-38-0

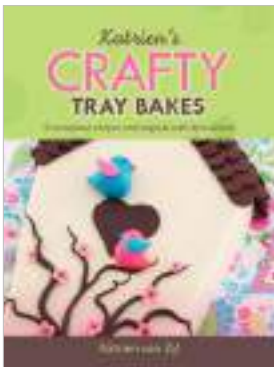
KATRIEN'S DESSERT CAKES

Enjoy the best of two worlds in one irresistible offering
KATRIEN VAN ZYL

Scrumptious cakes with traditional dessert flavours, ideal to serve as an after-dinner treat or even for afternoon tea. The cake, filling and coating recipes can be mixed and matched to create a different taste combination every time you bake and decorate a cake. The book features more than 20 dessert cake projects from start to finish, showing you step by step how to create your own mouth-watering desserts. Also included are accompanying cupcakes for each recipe should you prefer a mini version served in individual portions.

260X193MM • 160PP • SOFTCOVER • MAY 2015 • RRP: R95

BESKIKBAAR IN AFR



Crafty tray bakes: 978-1-928201-35-9
Kreatiewe koeke: 978-1-928201-36-6

KATRIEN'S CRAFTY TRAY BAKES

Scrumptious recipes and original craft decorations
KATRIEN VAN ZYL

Apply popular craft techniques to cake decorating, creating edible crafts using fondant icing (sugar paste), modelling paste, chocolate paste, buttercream icing, ganache and royal icing. Using rectangular sheet cakes to work on keeps the shape simple to focus on the craft techniques used to decorate them – from paper crafts and mosaics to quilting, appliqué and whatever craft you can imagine. More than 20 cake craft projects show you step by step how to create your own. Includes recipes for cakes, buttercream, ganache and fondant icing as well as designs to use in decorations.

260X193MM • 160PP • SOFTCOVER • APR 2015 • RRP: R95

BESKIKBAAR IN AFR



Mini koeke: 978-1-920479-16-9

KATRIEN SE MINI KOEKE

Kolwyntjies, koeklollies en meer
KATRIEN VAN ZYL

Hierdie boek spog met meer as 20 koekversierprojekte wat alles van begin tot einde uiteengesit word.

Jy maak gebruik van klein sjokoladeversierings, mini-koeke, kolwyntjies, koeklollies en bruintjies, met effens groter minikoeke wat as fokuspunte kan dien. Elke projek het drie tot vier koekitems met dieselfde tema, met duidelike aanwysings en stap-vir-stap foto's wat dit sommer verspot maklik maak.

Die projekte is van maklik tot gevorderd gegradeer, dus is daar regtig iets vir almal.

260X193MM • 160PP • SOFTCOVER • APR 2013 • RRP: R95



Katrien se koeke: 978-1-920479-16-9

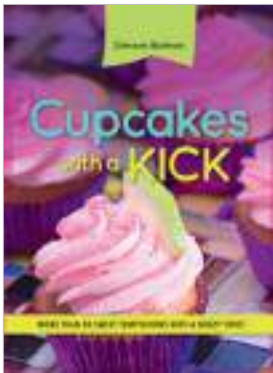
KATRIEN SE KOEKE

Smullekker resepte en oorspronklike sjokoladeversierings

KATRIEN VAN ZYL

In hierdie boek wys sy jou hoe om pragtig versierde koeke te skep: vars, eietyds, prettig en onweerstaanbaar. Daar is tegnieke en idees vir almal, of jy nou sommer 'n klaargemaakte koek koop en versier of met sorg jou eie heerlike koek bak volgens die resepte in die boek, of jy net vir spesiale geleenthede iets bak, of daaglikse oonde vol koeke vir 'n tuisbedryf kafdra. Met meer as 20 oorspronklike koekontwerpe, asook klein sjokoladeversierings, minikoeke en kolwyntjies, alles stap vir stap gedemonstreer, kan jy maklike leer hoe om jou eie meesterstukke te skep.

260X193MM • 160PP • SOFTCOVER • NOV 2011 • R95



Cupcakes with a kick: 978-1-928201-24-3
Kolwyntjies met skop: 978-1-928201-25-0

CUPCAKES WITH A KICK

More than 50 sweet temptations with a boozy twist

SIMONE BALMAN

Boozy cupcakes that are practically flop-proof - with liqueur in the icing, wine or beer in the cake itself, or seductive soft centres oozing with delightful cocktail ingredients. Step-by-step instructions explain clearly how the cupcakes are made, and the author includes fabulous ideas for decorating the cupcakes to reflect something of their special nature. Gorgeous photographs will inspire everybody to try them, and helpful hints and tips throughout with conversion tables and basic facts about alcohol and how it reacts in batter and icing will help ensure success.

260X193MM • 128PP • SOFTCOVER • SEP 2014 • RRP: R95

BESKIKBAAR IN AFR



Sweet memories: 978-1-928201-45-8
Swiets: 978-1-928201-46-5

SWEET MEMORIES

More than 50 recipes for home-made candies from days gone by

SIMONE BALMAN

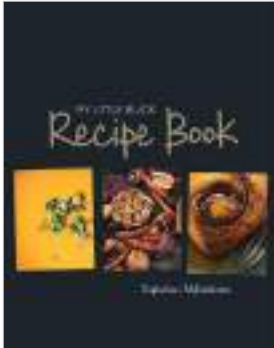
This book is an exploration into the world of forgotten sweets and candies. This is what's on offer:

- Essential information about equipment, ingredients and techniques
- Loads of hints and tips throughout
- More than 50 foolproof recipes for toffee, caramels, truffles, fudge, filled chocolates, marshmallows, nougat and much more
- Decorating ideas and packaging suggestions

There is plenty of detailed information for the beginner and lots of new ideas and mouth-watering recipes to inspire the seasoned candy maker.

260X193MM • 128PP • SOFTCOVER • JUN 2015 • RRP: R95

BESKIKBAAR IN AFR



My little black recipe book: 978-1-928201-63-2
My gunsteling-resepte: 978-1-928201-64-9

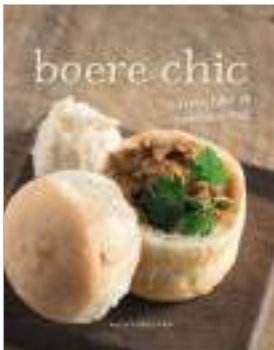
MY LITTLE BLACK RECIPE BOOK

SIPHOKAZI MDLANKOMO

scones and ginger beer her mom taught her to make many years ago, to mouth-watering braised oxtail, cinnamon cream pears and other sumptuous fair she developed on her way to the Master Chef finale. From delicious dips and sauces, decadent desserts and easy one-dish meals to traditional favourites and sophisticated fusion food, every recipe is characterised by Siphekazi's delightful combination of flavours and ingredients.

260X193MM • 128PP • SOFTCOVER • JAN 2016 • R95

BESKIKBAAR IN AFR



Boere chic: 978-1-928201-07-6
Boeresjiek: 978-1-928201-08-3

BOERE CHIC

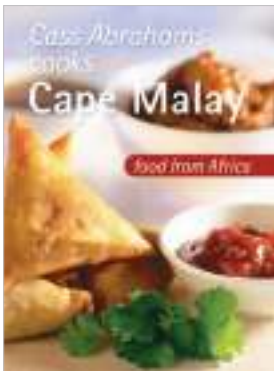
A fresh take on traditional food

NICKY BRECHER

Each dish, from the truly traditional to delightfully modern, displays Nicky's special touch, surprising ingredients and distinctive presentation, all of which contribute to keeping the book fresh and enticing. The recipes have been well and truly tested; they are served to family and friends for their opinion and, time after time, pass the test with flying colours. Magnificent colour photographs of nearly every dish will inspire readers to immediately try the recipes for themselves. Everything – from appetisers to divine desserts – is absolutely delicious, and all the old favourites are there; sometimes with a bit of a twist.

246X189MM • 192PP • HARD COVER • APRIL 2014 • RRP: R95

BESKIKBAAR IN AFR



Cass Abrahams Cooks: 978-1-919992-99-0
Cass Abrahams Kook: 978-1-919992-78-5

CASS ABRAHAMS COOKS CAPE MALAY

CASS ABRAHAMS

Each chapter of this popular book is structured around the many important feasts celebrated in the Cape Malay community. Recipes of special dishes prepared for special celebrations – all the firm favourites as well as less known, but equally delectable, dishes traditionally gracing the Cape Malay table, now also boasting recipes from other groups of our multicultural community that have become part and parcel of the Cape Malay tradition. The stunning food photographs focus on plated, beautifully presented food.

260X193MM • 96PP • SOFTCOVER • JUN 2008 • RRP: R160
Cass Abrahams Kook: 978-1-919992-78-5 R75

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